

# Week One

Monday

**Choose From**

All Day Breakfast; Chicken Sausage, Scrambled Egg & Crushed Potatoes  
Vegetable Hotpot  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw, Beans or Salmon Mayonnaise

**On the Side**

Grilled Tomatoes & Broccoli

**Something Sweet**

Apple Crumble & Custard



UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY



Tuesday

**Choose From**

Minced Lamb & Vegetable Pie with Mashed Potato  
Macaroni Cheese  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Carrots & Sweetcorn

**Something Sweet**

Lemon Shortbread



Wednesday

**Choose From**

Roast Chicken with Gravy & Roast or New Potatoes  
Spinach & Cheese Muffin  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Cabbage & Roast Parsnips

**Something Sweet**

Fruit Salad

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS



Thursday

**Choose From**

Sweet & Sour Chicken with Rice  
Margherita Pizza  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Sweetcorn & Roasted Vegetables

**Something Sweet**

Orange Flapjack



All of our fish is SUSTAINABLY SOURCED!

Friday

**Choose From**

Fish Fingers served with Chips  
Homemade Bean Burger served with Chips  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Baked Beans & Peas

**Something Sweet**

Chocolate Cake

WEEK COMMENCING: NOV 2ND, NOV 23RD, DEC 14TH, JAN 11TH, FEB 1ST, FEB 29TH, MARCH 21ST



MSC-C-50236

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

# Week Two

Monday

**Choose From**

Lamb Lasagne  
Potato Curry served with Rice  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw, Beans or Salmon Mayonnaise

**On the Side**

Sag Aloo (Spinach & Potato) & Carrots

**Something Sweet**

Peaches & Ice Cream



Tuesday

**Choose From**

Chicken Pie served with Crushed Potatoes  
Winter Vegetable Quiche with Crushed Potatoes  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Mixed Leeks & Pepper & Sweetcorn

**Something Sweet**

Marmalade & Parsnip Cake & Custard



Wednesday

**Choose From**

Roast Turkey with Gravy & Roast or New Potatoes  
Vegetarian Sausage & Gravy with New or Roast Potatoes  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Broccoli & Red Cabbage

**Something Sweet**

Jelly & Pineapple



A DAILY CHOICE OF FRESH WHOLEMEAL OR ORGANIC WHITE CRUSTY BREAD

Thursday

**Choose From**

BBQ Chicken with Rice  
Margherita Pizza  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Sweetcorn & Roasted Mixed Vegetables

**Something Sweet**

Apple & Cinnamon Sponge & Custard

Friday

**Choose From**

Battered Fish served with Chips  
Cauliflower & Broccoli Bake  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Baked Beans & Peas

**Something Sweet**

Chocolate Crispy Cake

We think that BRITISH SEASONAL food is fresh, tasty and nutritious. Some of our favourites this season are carrots, onions, cauliflower & parsnips!



WEEK COMMENCING: NOV 9TH, NOV 30TH, DEC 22ND, JAN 18TH, FEB 8TH, MARCH 7TH

# Week Three

Monday

**Choose From**

Shepherd's Pie  
Savoury Scone Swirl with a Tomato Sauce  
Jacket Potato topped with Cheese, Tuna Mayonnaise, Coleslaw, Beans or Salmon Mayonnaise

**On the Side**

Carrots & Sweetcorn  
**Something Sweet**  
Pear & Berry Crumble & Custard



CHILLED DRINKING WATER IS ALWAYS AVAILABLE



Tuesday

**Choose From**

Lamb Hotpot served with Crushed Potatoes  
Winter Vegetable Whirl with Crushed Potatoes  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Peas & Roasted Mixed Vegetables  
**Something Sweet**  
Jelly & Mandarins

Wednesday

**Choose From**

Roast Chicken with Gravy & Roast or New Potatoes  
Sweet Potato & Lentil Curry served with Rice  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Carrots & Cabbage  
**Something Sweet**  
Oat Cookie

All of our eggs are FREE RANGE. We use them in lots of our cakes and other homemade dishes!



Thursday

**Choose From**

Chicken & Tomato Pasta  
Margherita Pizza  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Sweetcorn & Roasted Mixed Vegetables  
**Something Sweet**  
Carrot Cake with Frosting

All our meat is UK FARM ASSURED



Friday

**Choose From**

Fish Fingers served with Chips  
Macaroni Cheese  
Jacket Potato with Cheese, Tuna Mayonnaise, Coleslaw or Beans

**On the Side**

Baked Beans & Peas  
**Something Sweet**  
Lemon Cookie

WEEK COMMENCING: NOV 16TH, DEC 7TH, JAN 4TH, JAN 25TH, FEB 22ND, MARCH 14TH

